



# Women's Cross Country Performers Top Times

## 5k All-Time List

Name	Time	Date	Location
1. Allison Wilfong	17:49	10/16/93	Tampa, Fla.
2. Shelley Allen	17:50	10/25/86	Gainesville, Fla.
3. Elisabeth Goshu	17:53	10/31/09	DeLand, Fla.
4. Adriana Campos	18:03	11/13/99	Auburn, Ala.
5. Fallon Heffernan	18:08	10/29/05	Buies Creek, N.C.
6. Anastasia Fokina	18:10	10/31/09	DeLand, Fla.
Kristen Friz	18:10	11/13/93	Greenville, S.C.
8. Susanne Klungveit	18:14	11/1/08	Macon, Ga.
9. Robyn Wilson	18:15	10/7/95	Gainesville, Fla.
10. Joane Pierre	18:18	10/31/09	DeLand, Fla.
11. Jennifer Hanley	18:21	10/10/98	Tallahassee, Fla.
12. Michelle Kendall	18:23	10/29/94	Ruston, La.
13. Jessica Blundell	18:25	11/3/97	McAllen, Texas
14. Ali Ritter	18:26	10/31/09	DeLand, Fla.
15. Alyssa Deal	18:29	11/1/08	Macon, Ga.
16. Kelli Midden	18:35	10/31/09	DeLand, Fla.
Jennifer McLaughlin	18:35	9/17/88	Jacksonville, Fla.
17. Lindsay Moffenbier	18:36	10/29/05	Buies Creek, N.C.
18. Jenna Dunn	18:37	10/31/87	Bowling Green, Ky

## 6k All-Time List

Name	Time	Date	Location
1. Elisabeth Goshu	21:34	11/14/09	Tuscaloosa, Ala.
2. Adriana Campos	21:58	11/11/00	Tuscaloosa, Ala.
3. Ali Ritter	22:10	11/14/09	Tuscaloosa, Ala.
4. Fallon Heffernan	22:14	11/11/05	Gainesville, Fla.
5. Joane Pierre	22:16	11/14/09	Tuscaloosa, Ala.
6. Susanne Klungveit	22:18	11/15/08	Knoxville, Tenn.
7. Anastasia Fokina	22:19	11/14/09	Tuscaloosa, Ala.
8. Lindsay Moffenbier	22:37	10/6/02	Gainesville, Fla.
9. April Patterson	22:58	11/11/00	Tuscaloosa, Ala.
10. Alyssa Deal	23:07	11/15/08	Knoxville, Tenn.
11. Rachel Garvin	23:26	11/12/05	Gainesville, Fla.
12 Kelli Midden	23:28	11/14/09	Tuscaloosa, Ala.

As of 11/16/09