



JU Crew Wants You!

Jacksonville University Rowing is looking for new members for its Novice Rowing Program in the Fall and Spring.

Director of Rowing, Jim Mitchell is looking for any members of the JU student body who feel that they would be interested in joining the hugely successful Dolphins rowing team. Incoming freshmen are strongly encouraged to enquire further, although the novice team is not limited to freshmen only.

No prior experience in rowing is required as Coach Mitchell and his team will teach prospective athletes everything from scratch at the stunning Negaard Rowing Center on Campus.

Requirements for joining the team are:

- You are a full-time undergraduate at JU.
- You can swim 100m in light clothing (t shirt and shorts) including treading water and are confident in water.
- You are keen to learn a new sport and have a desire to compete at the NCAA Div 1 level.

Previous experience at competitive athletic sports is an advantage, but not essential.

Students who have had previous athletic experience in sports such as swimming, cycling, track or cross country are strongly encouraged to contact Coach Mitchell as these sports translate extremely well to rowing.

The JU crew team will be canvassing new students at Orientation, but you can express your interest early by contacting Coach Mitchell by email at jmitche3@ju.edu or by calling the rowing office on (904) 256 7423.