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JUNIOR PITCHER DALE TOWNSEND

September 1, 2011 Volume 1, Issue 2

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BEACH AND CHALLENGE DAY

The JU Softball team competed in a beach workout designed by strength coach Rhi Davis on October 27th. Competitions included army crawls, plate pulls, shuttles, burying teammates and much more. At the end of the grueling challenges the white team walked away as the 2011 Beach Day Champions!



October 14th, last day of team practice, marked the inaugural JU Softball Challenge Day. Two teams dressed up and competed in various softball related and some not so softball related activities! Throwing and hitting accuracy were tested along with basketball skills, bat spinning and leadership.



2011 FALL SEASON IN REVIEW

The 2011-12 Dolphins went undefeated in the fall with a record of 8-0. Freshman Ronnie Gajownik batted a whopping .642 and Sarah Simon and Amanda Schmidt batted .578 and .560 respectively. Throughout the 8 games the team accumulated 62 base hits, 15 doubles and 29 walks. Sarah Sigrest and Dale Townsend put on stellar pitching performances allowing only 10 runs in 56 innings.

RESULTS

- JU VS. FSCJ
GAME 1: 4-3
GAME 2: 3-0

- JU VS. SJRCC
GAME 1: 11-0
GAME 2: 5-0

- JU VS. FLAGLER
GAME 1: 5-4
GAME 2: 9-1

- JU VS. SEMINOLE
GAME 1: 7-2
GAME 2: 8-0

ALUMNI GAME

October 15th was the annual showdown between the current JU team and the alumni. Shannon Jensen tore it up on the mound and the plate, a "tutued" third baseman made some ESPN worthy plays and double zero (Katie Kelly) jacked a bomb proving she still has Sarah Sigrest's number! This year we were lucky enough to witness guest pitching performances by Sarah Simon and Amanda Schmidt, our hitters seemed to have no problem with their fastball and "drop curve." From now on I think it is fair to say they will stick to catching and playing third base! At the end of the day, the current Dolphins team walked away with the win. Thank you to all of the alumni who were able to attend, hope to see you back next fall!

