



Monique Tubbs

2009 JU Hall of Fame Inductee

Four time All-America honoree

2001 NCAA Indoor National Champion (60-meter)

Records

JACKSONVILLE
TRACK & FIELD



JU Track & Field Record Section

JU Indoor Records

Event	Name	Time/Mark	Date
55-meter	Monique Tubbs	6.75	2/9/03
60-meter	Monique Tubbs	7.24	3/14/03
200-meter	Louise Kiernan	24.16	2/27/10
400-meter	Unique Singleton	55.09	2/19/11
800-meter	Bienna Freeman	2:09.35	2/4/12
Mile	Joane Pierre	4:54.16	1/30/11
3000-meter	Allison Wilfong	10:07.72	2/26/94
5000-meter	Robyn Wilson	17:41.27	1/28/96
55-meter hurdles	Natasha Harvey	7.92	2/7/09
60-meter hurdles	Stacey Young	8.54	2/18/12
Long Jump	Natasha Harvey	21-08.00	3/14/08
	Natasha Harvey	21-08.00	2/21/09
Triple Jump	Shaquania Lundy	42-00.00	1/20/08
High Jump	Charlene Charles	5-7.75	2/18/11
Pole Vault	Sara Robertson	10-00.00	1/16/99
	Ashley Lave	10-00.00	1/20/08
Shot Put	Ronnisha Hall	48-00.0	2/7/09
Weight Throw	Ronnisha Hall	62-2.50	2/19/11
Pentathlon	Charlene Charles	3,971 pts.	2/4/12
Distance Medley	Freeman, Davenport Vogler, Pierre	11:42.29	2/5/11
4 x 400-meter relay	Davenport, Freeman Vogler, Singleton	3:45.14	2/19/11

JU Outdoor Records

Event	Name	Time/Mark	Date
100-meter	Monique Tubbs	11.37	4/21/00
200-meter	Monique Tubbs	23.37	4/18/03
400-meter	Danielle Davempont	53.53	5/7/11
800-meter	Bienna Freeman	2:07.07	5/12/12
1,500-meter	Joane Pierre	4:25.05	3/30/12
3,000-meter	Anastasia Fokina	9:54.90	4/29/10
3,000-meter steeplechase	Fallon Heffernan	10:49.64	4/16/05
5,000-meter	Joane Pierre	17:10.19	3/2/12
10,000-meter	Allison Wilfong	37:25.31	5/14/94
100-meter hurdles	Natasha Harvey	13.38	5/16/09
400-meter hurdles	Janel Grooms	58.37	5/25/07
Long Jump	Natasha Harvey	21-10.00	6/12/08
Triple Jump	Shaquania Lundy	41-05.00	4/20/98
High Jump	Charlene Charles	5-8	4/21/12
Pole Vault	Sara Robertson	11-9.00	4/3/99
Shot Put	Ronnisha Hall	49-1.5	5/27/11
Discus	Akeela Bravo	153-5	5/7/11
Hammer	Ronnisha Hall	177-9	3/26/11
Javelin	Cheryl Rothwell	150-3	5/10/98
Heptathlon	Andrea Pressley	5586 pts.	6/9-10/04
Distance Medley	Fokina, Vogler Deal, Ritter	12:02.26	4/3/10
4 x 100-meter relay	Davenport, Kiernan Singleton, Harvey	44:62	5/30/09
4 x 400-meter relay	Davenport, Singleton Pierre, Singleton	3:38.24	5/28/11
4 x 800-meter relay	Charles, Vogler Bailey, Meyer	9:10.59	4/7/12

A-Sun Indoor Championship Meet Records

Event	Name	Time/Mark	Year
60-meter	Janita Ocana (JU)	7.53	2007
200-meter	Lynette Rives (BEL)	23:97	2008
400-meter	Brianna Frazier (UNF)	54.26	2011
800-meter	Raynell Hagberg (FAU)	2:11.61	2006
Mile	Heidi Dahl	4:39.39	2009
3000-meter	Erin Nixon (UNF)	9:51.29	2012
5000-meter	Mackenzie Howe (KSU)	16:54.97	2011
60-meter hurdles	Demeteria Edgecombe (ETSU)	8.53	2012
Long Jump	Natasha Harvey (JU)	21-08.00	2009
Triple Jump	Natasha Harvey (JU)	40-03.25	2008
High Jump	Stroder (UNF)/Ragland (KSU)	5-08.00	08/09
Pole Vault	Christina King (UNF)	12-01.50	2011
Shot Put	Hillary Crook (JU)	46-10.25	2010
Weight Throw	Ronnisha Hall (JU)	62-2.50	2011
Pentathlon	Charlene Charles (JU)	3670	2011
Distance Medley	Freeman, Payne (JU) Vogler, Pierre	11:47.90	2012
4 x 400-meter relay	Davenport, Freeman (JU) Vogler, Singleton	3:45.14	2011

A-Sun Outdoor Championship Meet Records

Event	Name	Time/Mark	Year
100-meter	Tayna Lawrence (FIU)	11.25	1998
200-meter	Tayna Lawrence (FIU)	22.99	1998
400-meter	Brianna Frazier (UNF)	53.78	2011
800-meter	Bienna Freeman	2:07.63	2012
1,500-meter	Heidi Dahl (ETSU)	4:18.08	2009
3,000-meter	Jenn Feenstra (GSU)	9:58.93	2001
3,000-meter steeplechase	Kendra Lobley (LIP)	10:32.97	2012
5,000-meter	Heather Lee (CAM)	16:21.96	2004
10,000-meter	Mackenzie Howe (KSU)	35:07.59	2011
100-meter hurdles	Natasha Harvey (JU)	13.38	2009
400-meter hurdles	Tarjatta Rose (GSU)	59.28	2003
Long Jump	Natasha Harvey	20-9	2006
Triple Jump	Shaquania Lundy	41-1	2008
High Jump	Ann L. Larsen (UCF)	5-11.3	2005
Pole Vault	Christina King (UNF)	13-1.5	2012
Shot Put	Ronnisha Hall (JU)	46-11.75	2011
Discus	Laura Phillips (JU)	153-4	2012
Hammer	Tiffany Roebuck (UCF)	176-8	2004
Javelin	Amanda Mason (Troy)	145-8	2000
Heptathlon	Katerina Vodova (ETSU)	5152 pts.	2012
4 x 100-meter relay	Davenport, Kiernan (JU) Singleton, Harvey	44.82	2009
4 x 400-meter relay	Freeman, Rolle (JU) Davenport, Singleton	3:40.69	2011



JU Track & Field Record Section

All-Time Marks

ALL-TIME TOP MARKS

100 METERS

1. Monique Tubbs	11.37	2000
"Monique Tubbs	11.13w	2000"
2. Natasha Harvey	11.45	2009
3. Louise Kiernan	11.53	2009
4. Courtney Walker	11.57	2012
5. Charlene Charles	11.82	2010

200 METERS

1. Monique Tubbs	23.37	2003
2. Janita Ocana	23.81	2006
3. Natasha Harvey	23.85	2009
4. Unique Singleton	23.97	2010
"Unique Singleton	23.25w	2011"
5. Courtney Walker	23.99	2012

400 METERS

1. Danielle Davenport	53.53	2011
2. Unique Singleton	53.80	2010
3. Janel Grooms	53.92	2007
4. Janita Ocana	53.99	2007
5. LaTonya Payne	55.32	2012

800 METERS

1. Bienna Freeman	2:07.16	2012
2. Joane Pierre	2:07.26	2011
3. Janel Grooms	2:08.41	2008
4. Amalia Vogler	2:13.07	2012
5. Keiona Frenche	2:13.08	2005

1500 METERS

1. Joane Pierre	4:25.05	2012
2. Anastasia Fokina	4:30.00	2010
3. Alyssa Deal	4:31.21	2010
4. Robyn Wilson	4:35.55	1996
5. Bienna Freeman	4:37.85	2012

3,000M STEEPLECHASE

1. Fallon Heffernan	10:49.64	2005
2. Svenja Meyer	10:51.64	2012
3. Susanne Klungveit	11:17.49	2010
4. Tasmin Anstey	11:37.33	2003
5. Rachel Garvin	12:07.18	2004

5,000 METERS

1. Joane Pierre	17:10.19	2012
2. Allison Wilfong	17:38.08	1994
3. Svenja Meyer	17:39.02	2012
4. Adriana Campos	17:41.41	2001
5. Elisabeth Goshu	17:44.86	2010

10,000 METERS

1. Allison Wilfong	37:25.31	1994
2. Lindsey Moffenbier	37:57.44	2003
3. Elisabeth Goshu	38:30.04	2009
4. Chelsea Knight	39:05.55	2001
5. April Nudo-Patterson	39:21.74	2001

100 METER HURDLES

1. Natasha Harvey	13.38	2009
2. Stacey Young	13.53	2011
3. Safiya Davy	13.56	2003
4. Andrea Pressley	13.76	2004

5. Charlene Charles	13.83	2010
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400 METER HURDLES

1. Janel Grooms	58.37	2007
2. LaTonya Payne	59.91	2012
3. J'Zotta Rolle	1:00.18	2010
4. Shanique Walker	1:00.59	2012
5. Stacey Young	1:00.94	2011

LONG JUMP

1. Natasha Harvey	21'10"	2008
2. Shaquania Lundy	21'6.25"	2008
3. Janita Ocana	20'3.5"	2007
4. Charlene Charles	20'0.25"	2012
5. Andrea Pressley	19'6"	2004

TRIPLE JUMP

1. Shaquania Lundy	42'8"i	2008
1. Shaquania Lundy	41'5"	2008
2. Natasha Harvey	40'4.75"	2009
3. Stacey Young	40'1.25"	2012
4. Shanique Walker	39'4"	2012
5. Lysa Lee	38'11"	2002

HIGH JUMP

1. Charlene Charles	5'8"	2012
2. Lysa Lee	5'4.25"	1999
3. Andrea Pressley	5'3"	2003
4. Tiffany Bromfield	5'3.25"	2008, 2010
5. Emelie Arvidsson	5'1.25"	2007

SHOT PUT

1. Ronnisha Hall	49'1.5"	2011
2. Stephanie Jeffers	47'10"	2005
3. Andrea Pressley	46'10.75"	2004
4. Hillary Crook	45'8"	2009
5. Akeela Bravo	44'10.25"	2012

DISCUS

1. Akeela Bravo	153'5"	2011
2. Ronnisha Hall	153'4"	2012
3. Laura Phillips	144'5"	2010
4. Stephanie Jeffers	139'7"	2005
5. Sally Marie Futch	133'11"	2012

HAMMER

1. Ronnisha Hall	177'9"	2011
2. Akeela Bravo	173'5"	2012
3. Laura Phillips	164'11"	2012
4. Sally Marie Futch	152'11"	2012
5. Sara Schunter	145'1"	2012

POLE VAULT

1. Sara Robertson	11'9"	1999
2. Ashley Lave	9'8"	2008
3. Ingrid Rakebrandt	9'5.75"	2001

JAVELIN

1. Cheryl Rothwell	150'3"	1998
2. Andrea Clark	135'5"	2005
3. Andrea Pressley	129'7"	2004
4. Lindsay George	117'10"	2007
5. Ronnisha Hall	118'9"	2011

HEPTATHLON

1. Andrea Pressley	5,596	2003
2. Charlene Charles	5,422	2012
3. Natasha Harvey	5,096	2008
4. Tiffany Bromfield	4,484	2010
5. Rayanna Johnson	4,330	2011

4X100M RELAY

1. Davenport, Kiernan, Singleton, Harvey	44.62	2009
2. Charles, Kiernan, Singelton, Davenport	44.86	2010
3. Pressley, Tubbs, Wright, Davy	45.16	2001
4. Pressley, Tubbs, Wright, Davy	45.17	2003
5. Payne, C. Walker, S. Walker, Campbell	45.28	2012

4X400M RELAY

1. Davenport, Singleton Freeman, Pierre	3:38.24	2011
2. Charles, Rolle, Davenport, Singleton	3:39.18	2010
3. S. Walker, C. Walker Payne, Campbell	3:39.71	2012
4. Williams, Ocana, Harvey, Grooms	3:41.04	2006
5. S. Walker, Payne C. Walker, Freeman	3:41.67	2012

w - wind aided
i - indoor mark



JU Track & Field Record Section

Conference Champions

Outdoor

100 Meters

Year	Name	Time
2012	Courtney Walker	11.57
2011	Louise Kiernan	11.55 (wind)
2010	Louise Kiernan	11.84
2009	Natasha Harvey	11.45
2006	Janita Ocana	11.88
2003	Monique Tubbs	11.57
2001	Monique Tubbs	11.52
2000	Monique Tubbs	11.37

200 Meters

Year	Name	Time
2011	Unique Singleton	23.25 (wind)
2010	Unique Singleton	24.29
2009	Natasha Harvey	23.85
2006	Janita Ocana	24.00
2003	Monique Tubbs	23.37
2000	Monique Tubbs	23.33

400 Meters

Year	Name	Time
2010	Unique Singleton	53.80
2009	Unique Singleton	54.34
2008	Unique Singelton	54.55
2007	Janel Grooms	53.92

800 Meters

Year	Name	Time
2012	Bienna Freeman	2:07.63
2011	Bienna Freeman	2:07.87
2010	Joane Pierre	2:12.89
2008	Janel Grooms	2:13.72
2005	Keiona Frenche	2:13.08

1500 Meters

Year	Name	Time
2012	Joane Pierre	4:31.41
2011	Joane Pierre	4:33.89
2010	Alyssa Deal	4:31.21
2007	Alison Ritter	4:47.56

100 Meter Hurdles

Year	Name	Time
2012	Stacey Young	13.55
2011	Stacey Young	13.53
2010	Charlene Charles	13.91
2009	Natasha Harvey	13.38
2008	Natasha Harvey	13.68 (wind)
2007	Natasha Harvey	14.02
2006	Natasha Harvey	14.06
2004	Safiya Davy	14.06
2003	Safiya Davy	13.64*
2001	Safiya Davy	13.68
2000	Safiya Davy	14.00

400 Meter Hurdles

Year	Name	Time
2012	LaTonya Payne	1:00.51
2011	Stacey Young	1:00.94
2010	J'Zotta Rolle	1:01.42
2009	J'Zotta Rolle	1:01.22
2007	Janel Grooms	1:00.36
2006	Natasha Harvey	1:01.49
1999	Tamsin Antsey	1:01.91

3000 Meter Steeplechase

Year	Name	Time
2009	Susanne Klungveit	11:36.00
2006	Fallon Heffernan	11:04.13
2005	Fallon Heffernan	10:49.64

4x100 Meter Relay

Year	Name	Time
2012	-	45.28
2011	-	45.60
2010	-	45.16
2009	-	44.82
2006	-	45.84
2001	-	45.16

4x400 Meter Relay

Year	Name	Time
2011	-	3:40.69
2010	-	3:46.96
2008	-	3:45.36

Pole Valut

Year	Name	Distance
2000	Sara Robertson	11-5.75
1999	Sara Robertson	11-5.75

Long Jump

Year	Name	Distance
2012	Charlene Charles	19-9.75
2010	Charlene Charles	18-11.25
2009	Natasha Harvey	20-08.00
2008	Natasha Harvey	21-03.75 (wind)
2007	Natasha Harvey	20-09.00
2006	Janita Ocana	19-04.00
2001	Danuto Ivanochko	18-03.75
1999	Lysa Lee	19-02.00

Triple Jump

Year	Name	Distance
2011	Stacey Young	40-0.00
2009	Natasha Harvey	40-04.75
2008	Shaquania Lundy	41-01.00

Shot Put

Year	Name	Distance
2012	Akeela Bravo	44-10.25
2011	Ronnisha Hall	46-11.75
2010	Hillary Crook	45-09.25
2009	Hillary Crook	44-06.25
2006	Shunisha McClinton	43-05.50
2004	Stephanie Jeffers	45-03.50

Hammer Throw

Year	Name	Distance
2012	Akeela Bravo	173-05
2011	Ronnisha Hall	168-08

Discus Throw

Year	Name	Distance
2012	Laura Phillips	153-04
2011	Akeela Bravo	141-11

Javelin Throw

Year	Name	Distance
2005	Andrea Clark	134-11
2004	Andrea Pressley	129-6

Heptathlon

Year	Name	Pts.
2009	Tiffany Bromfield	4380
2008	Natasha Harvey	5096

AWARD WINNERS

Most Vaulable Performer

2012	Akeela Bravo
2011	Stacey Young
2010	Charlene Charles
2009	Natasha Harvey

Most Outstanding Track Performer

2011	Unique Singleton
2010	Charlene Charles
2007	Janel Grooms
2006	Janita Ocana

Most Outstanding Field Performer

2011	Ronnisha Hall
2009	Natasha Harvey
2008	Natasha Harvey
2003	Monique Tubbs

Most Outstanding FR. Performer

2010	Charlene Charles
2009	Stacey Young
2008	Unique Singleton
2006	Natasha Harvey
2004	Stephanie Jeffers

Coach of the Year

2012	Ron Grigg
2011	Ron Grigg
2010	Ron Grigg
2009	Ron Grigg
2008	Ron Grigg
2007	Ron Grigg
2006	Ron Grigg



JU Track & Field Record Section

Conference Champions

Indoor

60 Meters

Year	Name	Time
2012	Courtney Walker	7.54
2011	Louise Kiernan	7.59
2010	Louise Kiernan	7.55
2009	Natasha Harvey	7.54
2006	Janita Ocana	7.53
2007	Janita Ocana	7.67

200 Meters

Year	Name	Time
2010	Louise Kiernan	24.16
2007	Janita Ocana	24.21
2006	Janita Ocana	24.60

400 Meters

Year	Name	Time
2010	Danielle Davenport	55.73
2009	Unique Singleton	55.91
2008	Unique Singleton	55.72
2007	Janel Grooms	57.78

800 Meters

Year	Name	Time
2012	Bienna Freeman	2:14.36
2011	Joane Pierre	2:15.24
2010	Joane Pierre	2:14.66
2009	Amalia Vogler	2:17.21
2008	Anastasia Fokina	2:21.23

Mile

Year	Name	Time
2012	Joane Pierre	4:56.43
2011	Joane Pierre	5:02.17
2010	Joane Pierre	5:03.63

60 Meter Hurdles

Year	Name	Time
2011	Stacey Young	8.70
2010	Stacey Young	8.69
2009	Natasha Harvey	8.55
2008	Natasha Harvey	8.86
2007	Natasha Harvey	8.76

Distance Medley Relay

Year	Name	Time
2012	-	11:47.90
2010	-	12:14.57
2009	-	12:03.72
2007	-	12:19.52

4x400 Meter Relay

Year	Name	Time
2011	-	3:45.14
2006	-	3:53.86

High Jump

Year	Name	Distance
2011	Stacey Young	5-05.00

Long Jump

Year	Name	Distance
2012	Charlene Charles	19-00.75
2010	Charlene Charles	19-08.00
2009	Natasha Harvey	21-08.00
2008	Natasha Harvey	21-05.25
2007	Janita Ocana	19-06.25

2006 Janita Ocana 19-01.25

Triple Jump

Year	Name	Distance
2009	Natasha Harvey	40-00.00
2007	Shaquania Lundy	37-09.50
2008	Natasha Harvey	40-03.25

Weight Throw

Year	Name	Distance
2011	Ronnisha Hall	62-2.50
2009	Ronnisha Hall	59-11.00
2006	Shunisha McClinton	51-06.25

Shot Put

Year	Name	Distance
2011	Hillary Crook	46-04.00
2010	Hillary Crook	46-10.25
2009	Ronnisha Hall	45-10.75
2008	Hillary Crook	44-09.75

Pentathlon

Year	Name	Pts.
2011	Charlene Charles	3,670
2010	Stacey Young	3,490
2009	Tiffany Bromfield	3,437
2006	Natasha Harvey	3,200
2007	Simone Clark	3,171

AWARD WINNERS

Most Valuable Performer

2011	Charlene Charles
2010	Charlene Charles
2009	Natasha Harvey

Most Outstanding Track Performer

2011	Joane Pierre
2010	Joane Pierre
2009	Natasha Harvey
2006	Janita Ocana

Most Outstanding Field Performer

2011	Charlene Charles
2010	Charlene Charles
2009	Natasha Harvey
2008	Natasha Harvey
2007	Janita Ocana
2006	Shunisha McClinton

Most Outstanding FR. Performer

2012	Courtney Walker
2010	Charlene Charles
2009	Stacey Young
2007	Alyssa Deal
2006	Natasha Harvey

Coach of the Year

2012	Ron Grigg
2011	Ron Grigg
2010	Ron Grigg
2009	Ron Grigg
2008	Ron Grigg
2007	Ron Grigg
2006	Ron Grigg



JU Track & Field Record Section

JU in the NCAA Championships

JU in the NCAA Championships (since 2000)

Outdoor

2009

Long Jump

Name	Time/Mark	Place
Natasha Harvey	19-5.05	12th&

400m Relay

Name	Time/Mark	Place
Davenport/Kiernan/Singleton/Harvey	44.84	15th

2008

Long Jump

Name	Time/Mark	Place
Natasha Harvey	21-10.00	2nd&
Shaquania Lundy	20-04.00	19th

2007

Long Jump

Name	Time/Mark	Place
Natasha Harvey	21-03.50	12th

400m Hurdles

Name	Time/Mark	Place
Janel Grooms	1:00.17	23rd

2006

Long Jump

Name	Time/Mark	Place
Natasha Harvey	19-11.75	20th

2004

Heptathlon

Name	Time/Mark	Place
Andrea Pressley	5,586 pts.	4th&

2003

Heptathlon

Name	Time/Mark	Place
Andrea Pressley	5,184 pts.	13th

100-meters

Name	Time/Mark	Place
Monique Tubbs	11.80	16th

2002

Pentathlon

Name	Time/Mark	Place
Andrea Pressley	5,083 pts.	16th

Indoor

2009

Long Jump

Name	Time/Mark	Place
Natasha Harvey	20-09.75	8th&

2008

Long Jump

Name	Time/Mark	Place
Natasha Harvey	21-08.00	3rd&
Shaquania Lundy	19-08.75	16th

2007

Long Jump

Name	Time/Mark	Place
Natasha Harvey	20-08.50	4th&

2003

60-meters

Name	Time/Mark	Place
Monique Tubbs	7.26	3rd&

2002

60-meters

Name	Time/Mark	Place
Monique Tubbs	7.34	10th&

2001

60-meters

Name	Time/Mark	Place
Monique Tubbs	7.29	1st&

2000

60-meters

Name	Time/Mark	Place
Monique Tubbs	7.37	7th&



- National Champion

&- All-America honors